

Manny



Manny

- Manny is a 20 yo multi-racial, trans masculine person who currently lives as male, to the best of his ability. He only recently “came out” as trans to many of his friends
- He uses male pronouns with you and with several friends, but still uses female pronouns and name when he is with his family
- Manny’s father is black and his mother is white. He rarely sees or speaks to them. He says that he doesn’t need to come out to them

Manny

- He developed an attraction to girls in early adolescence, and initially identified as female and “gay”
- Manny has had a few sexual experiences with females and is very hindered by his discomfort with his own body
- He recently began binding his breasts
- He admits to you that he used to cut his breasts and genitals as a teen

Manny

- He reports that at age 14 he was institutionalized by his parents due to his cutting. He spent most of his adolescence, until he was of legal age, in psychiatric hospitals and residential programs.
- He reports a complicated trauma history. While institutionalized, he suffered mistreatment and physical abuse by staff. At one point, he was compelled by staff to view the body of another patient who had committed suicide by hanging

Manny

- He is homeless and unemployed. He couch surfs at multiple people's homes to stay off the streets
- He tells you that he wants to attend a local community college
- Manny has used alcohol and marijuana since early adolescence and currently smokes pot every day to help with “chilling out” and falling asleep. He drinks less frequently, but tends to binge, and reports frequent black-outs, when he does

Manny

- Manny is currently in psychotherapy at a violence recovery center
- He is being treated by a psychologist and a psychiatrist for depression, suicidality, and anxiety. He is on multiple psychotropic medications
- He has been hospitalized for suicidality 6 times in the past year

Manny

- Manny has a reputation for angry and loud behavior that may be interpreted as threatening
- He has brought up his gender identity on several occasions, but you have never had the opportunity to discuss treatment in detail
- He presents today telling you that he wants testosterone therapy and expects to get an injection at today's visit