

Alishia



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- Alishia is a 29 yo multi-racial trans woman who started self-prescribed hormone treatment with multiple different estrogen formulations at age 19. She used these hormones until 5 years ago, when she started on prescription hormone therapy. Alishia uses she/her/hers pronouns
- She currently is taking Estradiol 4 mg daily which she swallows or dissolves under her tongue, but she tells you that she would like to back on the injectable estradiol that she was using a year ago

Alishia

- The patient was thrown out of her parents' home at age 15, and she has been homeless off and on since then
- She has had one major relationship lasting 3 years, until her boyfriend beat her severely enough to send her to the ER
- She reports a history of both physical and sexual abuse in the past

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- Alishia has been a sex-worker off and on since age 16. She has held other more conventional jobs for short periods. She has also been incarcerated on two occasions.
- She was diagnosed HIV positive 4 years ago and is currently taking Combivir (lamivudine-zodivudine) and boosted Prezista, but she was off her meds off and on through the past 7 months

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- She re-engaged in care 3 months ago
- She has a history of PCP pneumonia and disseminated zoster
- She was diagnosed with Hepatitis C 3 ½ years ago
- 3 Months ago: CD4 59 (10%) and VL 391,000
- Most recent : CD4 226 (12%) and VL 664

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- She presents today asking for a letter of support for surgery. She has found out from friends that her state-funded insurance will pay for vaginoplasty, and she has already picked out a surgeon, though she has not yet scheduled an appointment
- She tells you, “If I can’t be a real woman, I might as well kill myself.”