



NATIONAL LGBT HEALTH  
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

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## LGBT Health Line

### News from the National LGBT Health Education Center

#### World AIDS Day 2015: The Time to Act is Now.

World AIDS Day began in 1988 as a way for people worldwide to unite around the fight against AIDS. As we continue to work towards an AIDS-free generation, we enter a critical time for health centers and other health care organizations to join the fight. This year, the [federal theme](#) for World AIDS Day is ***The Time to Act is Now***. With this in mind, we are committed to enhancing the care for all people affected by the epidemic, especially those at highest risk, including men who have sex with men (MSM) and transgender women of color. The Education Center has developed a new learning module about HIV Prevention and Treatment that is now available! See below for this and other great resources for health care providers to improve care for people living with HIV/AIDS and help prevent new HIV infections.



#### **NEW Learning Module: *Getting to Zero: Reducing HIV Incidence through Screening, Treatment, and Prevention***

For World AIDS Day 2015, we are excited to release our latest learning module: **Getting to Zero: Reducing HIV Incidence through Screening, Treatment, and Prevention**. This module was developed to describe the status of the HIV epidemic, identify current screening recommendations for HIV and STIs, and to highlight how biomedical interventions like PEP and PrEP are effective tools for reducing HIV incidence in high risk populations.

[Click here to view the module!](#)

Reducing HIV Incidence through Screening, Treatment, and Prevention

Resources

**Pre-Exposure Prophylaxis (PrEP)**

- A once-daily, oral medication containing 2 antiretrovirals (tenofovir-emtricitabine)
- The only medication approved for PrEP by the FDA
- Recommended for high-risk individuals by CDC and WHO



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CDC, 2014

Menu Glossary Notes

**Pre-Exposure Prophylaxis (PrEP)**

Pre-exposure prophylaxis (PrEP) is a biomedical intervention to prevent HIV infection in high-risk HIV-negative individuals. PrEP consists of a once-daily oral antiretroviral medication (tenofovir-emtricitabine). This is the only regimen currently approved for PrEP in all patient populations including men who have sex with men, injection drug users, and heterosexual men and women. Both the CDC and the WHO recommend PrEP for individuals who display high-risk for acquiring HIV.

< PREV NEXT >

Our [Learning Modules](#) were developed to help clinicians and other health care professionals improve the quality of care for lesbian, gay, bisexual, and transgender (LGBT) patients in health centers and other health care organizations. The Learning Modules reflect current research as well as cultural and social perspectives on terminology, identity, and more. We offer the Modules in two formats: 1) interactive online self-guided learning and 2) slides that can be adapted for teaching LGBT health to others. Free CME/CEU is available for completing each self-paced module.

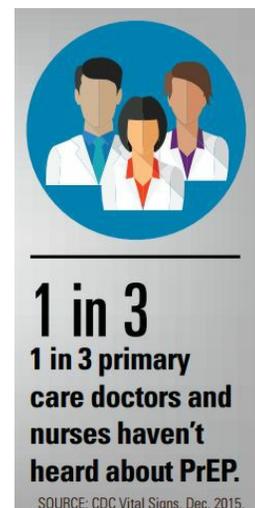
## CDC Releases new PrEP Infographic

The CDC released a new infographic on Pre-Exposure Prophylaxis, or PrEP, highlighting the lack of knowledge among health care providers. [According to the CDC](#), 1 in 3 primary care doctors and nurses haven't heard of PrEP, which can reduce the risk of contracting HIV by 90%.

PrEP is a daily pill that can prevent HIV infection. When taken every day, PrEP is safe and highly effective in preventing HIV infection.

[See the whole infographic here!](#)

[Click here for the CDC's PrEP Fact Sheet](#)



## Upcoming Webinars

**The Affordable Care Act: Building Health Equity for LGBT People**



**Faculty:** Kellan Baker, MPH, MA, Senior Fellow, Center for American Progress

**Sponsors:** The National LGBT Health Education Center and The National Center for Innovation in HIV Care

**Date/Time:** Monday, December 7, 2015, 2:00-3:00 pm ET

Under the Affordable Care Act, health centers and community based organizations continue to serve a critical role in helping LGBT people access health insurance coverage. In this webinar, Kellan Baker, MPH, MA, a Senior Fellow at the Center for American Progress, will explain how reforms under the new system have impacted multiple aspects of health care for LGBT people, including data collection, prevention and wellness, Medicaid and other health insurance coverage. He will also address strategies that health centers and other organizations can use to enroll LGBT people into health care to continue to reduce the number of uninsured LGBT people, especially people living with HIV/AIDS.

[Register](#)

## Implications of the Updated National HIV/AIDS Strategy for ASOs, CBOs, and Health Centers



**Faculty:** Sean Cahill, Director of Research and Policy, The Fenway Institute, Fenway Health

**Sponsors:** The National Center for Innovation in HIV Care and The National LGBT Health Education Center

**Date/Time:** Monday, December 14, 2015, 2:00-3:00 pm ET

In July 2015 the White House Office of National AIDS Policy updated the National HIV/AIDS Strategy for the next five years (NHAS2020). NHAS2020 called for increased access to pre-exposure prophylaxis, and urged that HIV prevention for gay and bisexual men and transgender women be provided in a broader context of culturally competent care for LGBT people. It also called for the integration of HIV services into primary care settings, and for screening and referral for mental health and substance use services for PLWHA. December 1st ONAP will release an implementation plan for NHAS2020. This webinar will

present highlights of the updated strategy and implementation plan and discuss their implications for AIDS Service Organizations, community-based organizations, and health centers. Participants will understand 1) key objectives of the National HIV/AIDS Strategy Update for 2020 and the Implementation Plan for NHAS2020; 2) how key NHAS2020 objectives will improve outcomes along the HIV care continuum; and 3) the role of ASOs, CBOs, and community health centers in achieving these objectives, and what changes in the way ASOs and CBOs currently provide prevention and care services are required by the NHAS2020 Update and Implementation Plan.

[Register](#)

## Caring for Transgender Children and Adolescents in Primary Care



**Faculty:** Norman Spack, MD, Co-Founder and Co-Director, Emeritus, Gender Management (GeMS) Service, Endocrine Division, Boston Children's Hospital, and Associate Clinical Professor of Pediatrics, Harvard Medical School

**Sponsors:** The National LGBT Health Education Center

**Date/Time:** Wednesday, December 16, 2015 2:00-3:00pm ET

In this webinar, Dr. Norman Spack, the founder of the Gender Management Service (GeMS) clinic at Boston Children's Hospital and an associate clinical professor of medicine at Harvard Medical School, will describe his journey caring for transgender children and adolescents. Dr. Spack will describe the creation of the GeMS clinic, will discuss recommended treatment for children and adolescents, and will explain how to integrate transgender care within primary care settings.

[Register](#)

# Online Education

## On-Demand Webinars

We offer 30 on-demand webinars on topics such as [Collecting Data on Sexual Orientation and Gender Identity in the Electronic Health Record: Why and How](#) and others:

- Introduction to LGBT Health
- LGBT Youth

- Transgender Health Care
- HIV Prevention
- Same-Sex Domestic Violence
- and more!
- For more information, [click here!](#)

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## CME/CEU and HRC HEI Credits Available

We offer FREE CME/CEU credit from the American Academy of Family Physicians for most of our webinars and online trainings. [Click here](#) for more information.



HUMAN  
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Our live and on-demand webinars fulfill the on-going training requirement of the HRC's Healthcare Equality Index! [Click here](#) to learn more.

The National LGBT Health Education Center | (p) 617-927-6354 | (f) 617-267-0764  
[lgbthealtheducation@fenwayhealth.org](mailto:lgbthealtheducation@fenwayhealth.org) | [www.lgbthealtheducation.org](http://www.lgbthealtheducation.org)

