



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

LGBT Health Line

News from the National LGBT Health Education Center

Spotlight: National Coming Out Day 2015 Come Out and Be Counted!

National Coming Out Day, which is recognized every year on October 11th, began 27 years ago to empower LGBT people to "come out" and "be counted". This year, the National LGBT Health Education Center celebrates National Coming Out Day with a new Do Ask, Do Tell brochure developed to encourage LGBTQ youth to talk to their providers about their sexual orientation and gender identity. Coming out to a health care provider can benefit youth in many ways, especially those who do not have many sources of support. This message dovetails with the new Meaningful Use Stage 3 requirement that all Electronic Health Records (EHRs) certified under the Meaningful Use program have the capacity to collect sexual orientation and gender identity (SOGI) demographic data. These new guidelines will allow LGBT people to "come out" to their providers AND "be counted" in EHR data. Below you can learn more about our new brochure as well as other resources and webinars on collecting SOGI data and engaging youth.



Do Ask, Do Tell Series for LGBTQ Youth

Our new Do Ask, Do Tell brochure was written especially for adolescents and young adults. This brochure, which can be distributed in waiting rooms, exam rooms, and through outreach programs, empowers LGBTQ youth to "come out" to their health care provider and to ask questions. Inside is information about health issues, as well as support and resources for LGBTQ youth. There is space on the brochure to add your organization's logo. We also have posters with the same message. For information about obtaining copies for your organization, contact us.

[Click here to view and download the brochure and poster!](#)

Steps

Collecting data on sexual orientation and gender identity in electronic health records is essential to providing high-quality, patient-centered care to LGBT individuals. This brief discusses the importance of gathering this data to help identify and address LGBT health disparities in health centers and other health care organizations. It also provides recommended questions for asking patients their sexual orientation and gender identity in electronic health records, as well as information about training staff to collect data systematically. Providers who are informed of their patients' sexual orientation and gender identity, and are trained to care for LGBT patients, are better able to provide care that is relevant, specific, and compassionate.



For more information: www.doaskdotell.org
[View/Download the brief](#)

Upcoming Webinars

Care of the Older Adult with HIV Infection



Faculty: Howard Libman, MD, Professor of Medicine, Harvard Medical School, Director, HIV Program, Healthcare Associates, Beth Israel Deaconess Medical Center, Boston, MA

Sponsors: The National LGBT Health Education Center and The National Center for Innovation in HIV Care

Date/Time: Wednesday, October 28, 2015 1:00-2:00pm ET

People with HIV infection are living longer than ever thanks to effective antiretroviral therapy and improved chronic disease care. However, older adults living with HIV have a higher incidence of coronary artery disease, and they contract cancers of the lung, liver, and anus at younger ages. In addition, HIV infection and its treatment have been associated with premature bone loss. In this webinar, Dr. Howard Libman, the Director of the HIV Program in Healthcare Associates at Beth Israel Deaconess Medical Center in Boston, will provide an overview of the care of older adults living with HIV infection and describe strategies for people working in health centers, AIDS service organizations, and other settings to improve management of comorbidities in in this population.

[Register](#)

Supporting LGBTQ Youth: Providing Affirmative and Inclusive Care across the Spectrum of Gender and Sexual Identity



Faculty: Nadia Dowshen, MD, Children's Hospital of Philadelphia & Perelman School of Medicine, and Robert Garofalo, MD, MPH, Lurie Children's Hospital of Chicago & Feinberg School of Medicine

Sponsors: The National LGBT Health Education Center and The Palette Fund

Date/Time: Thursday, November 5, 2015 1:00-2:30pm* ET

LGBTQ youth must navigate the typical developmental challenges of growing up, in addition to often grappling with stigma, isolation, and a lack of support and role models. This webinar discusses the unique challenges and health disparities experienced by LGBTQ youth, and offers strategies to address these issues in a clinical setting. Through culturally appropriate and strength-based communication, providers can be key facilitators in improving the health and well-being of sexual and gender minority youth.

*Note that this webinar is 90 minutes long.

[Register](#)

Online Education

On-Demand Webinars

We offer 30 on-demand webinars on topics such as [**Ten Things: Providing an Inclusive and Affirmative Health Care Environment for LGBT People**](#) and others:

- Introduction to LGBT Health
- LGBT Youth
- Transgender Health Care
- HIV Prevention
- Same-Sex Domestic Violence
- and more!
- For more information, [click here!](#)

CME/CEU and HRC HEI Credits Available

We offer FREE CME/CEU credit from the American Academy of Family Physicians for most of our webinars and online trainings. [Click here](#) for more information.



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