Handout 3-A:
Readings and Resources
Health Promotion and Disease Prevention
Fenway Guide to LGBT Health, Module 3

LGBT HEALTH DISPARITIES LITERATURE


http://www.lgbthealth.net/side_hp2010.shtml


http://www.nap.edu/catalog.php?record_id=6109


Meyer IH, Northridge ME, eds. The Health of Sexual Minorities: Public Health Perspectives on 

National Coalition for LGBT Health. An overview of US trans health priorities: a report by the 


Wolitski R, Stall R, Valdiserri R, eds. Unequal Opportunity: Health Disparities Among Gay and 

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CLINICAL PREVENTIVE SERVICES / 
EVIDENCE-BASED PRACTICE

Diffusion of Effective Behavioral Interventions (HIV) 
http://www.effectiveinterventions.org/

Guide to Community Preventive Services: Evidence-based recommendations for programs 
and policies to promote population health 
http://www.thecommunityguide.org

Healthy People 2010 
http://www.healthypeople.gov/

National Cancer Institute Research-tested Intervention Programs 
http://rtips.cancer.gov/rtips

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
http://www.ahrq.gov/ppip/manual

US Preventive Services Task Force (USPSTF)
http://www.ahrq.gov/clinic/uspstfix.htm

LGBT SMOKING CESSATION

Gay American Smokeout
http://www.gaysmokeout.net
(206) 938-8828

The Last Drag, San Francisco
http://www.lastdrag.org
(415) 339-7867

The LGBT Smoke-Free Project, LGBT Community Center
http://www.gaycenter.org/health/smokefree
(212) 620.7310

National LGBT Tobacco Control Network
http://www.lgbttobacco.org

Smoking Cessation Program, LA Gay and Lesbian Center
http://www.lagaycenter.org
(323) 860-7305

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
LGBT CANCER RESEARCH AND EDUCATION

National LGBT Cancer Network
http://www.cancer-network.org/

The Mautner Project, The National Lesbian Health Organization
http://www.mautnerproject.org

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LGBT MENTAL HEALTH

Mental Health Clinical Guidelines


Mental Health Literature


Mental Health Professional Organizations
(Note: These websites also have resources and publications)

American Psychological Association (APA) Lesbian, Gay, & Bisexual Concerns Office
http://www.apa.org/pi/lgbc
(202) 336- 6041

Association For Gay, Lesbian, and Bisexual Issues In Counseling
http://www.aglbic.org

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
Association of Gay and Lesbian Psychiatrists (AGLP)
http://www.aglp.org
(215) 222-2800
(See: LGBT Mental Health Syllabus at http://www.aglp.org/gap/)

National Association of Social Workers (NASW), National Committee on Lesbian, Gay, & Bisexual Issues
http://www.socialworkers.org
(202) 408-8600

LGBT Mental Health Specialists and Support Groups

Gay and Lesbian International Therapist Search Engine (GLITSE)
http://www.glitse.com

Fenway Community Health Behavioral Health Program
http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_pro_providers_services
(617) 927-6202

Gay, Lesbian, Bisexual and Transgender Helpline
(888) 340-4528
Monday through Friday, 6pm-11 pm, Eastern Time

GLBT National Youth Hotline
(800) 246-PRIDE
Monday thru Friday from 8pm to Midnight, Eastern Time

The Pacific Center
http://www.pacificcenter.org/services.html
(510) 548-8283

Rainbow Heights Club
http://www.rainbowheights.org/index.html
(718) 852-2584

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
Peer Listening Line
(800) 399-PEER
Monday thru Friday 6pm – 11 pm, Eastern Time

Trevor Helpline Crisis Intervention for LGBTQ Youth
(800) 850-8078
24 hour; 7 days/week

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SUBSTANCE USE AND ABUSE

LGBT Substance Use Clinical Guidelines

Http://www.nalgap.org/PDF/Articles/csat.pdf

Addiction Technology Transfer Center LGBT Substance Abuse Counselor Training Curriculum. From the Prairielands Addiction Technology Transfer Center Network
http://www.public-health.uiowa.edu/pattc/lgbttrainingcurriculum/lgbt.htm


Substance Abuse Organizations

Dance Safe
Harm reduction information and resources about club drugs.
http://www.dancesafe.org

National Association for Gay and Lesbian Addiction Professionals
http://www.nalgap.org

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
(703) 465-0539

**National Institute on Drug Abuse**
http://www.nida.nih.gov
(301) 443-1124

**Substance Abuse & Mental Health Services Administration**
http://www.samhsa.gov
(202) 619-0257

**Alcohol and Drug Treatment Facilities Specializing in LGBT Populations**

**Alternatives:** Gay treatment of drugs and alcohol abuse, depression, mental illness, or anxiety, Los Angeles, CA
http://www.alternativesinc.com
(800) Dial-Gay

**Fenway Community Health:** Behavioral Health & Addictions Services, Boston, MA
http://www.fenwayhealth.org
(617) 927-6202
Includes counseling, acupuncture detox program, and support groups.

**Freedom Rings at Lakeview Health**, Jacksonville, FL
http://www.gay-rehab.com
(800) 231-1820
Drug and alcohol rehabilitation for LGBT people

**Options:** Drug and alcohol treatment for the gay and lesbian community
http://www.rainbowrecovery.com

**Pride Institute (multiple locations)**
http://www.pride-institute.com
(800) 547-7433
Hours: 24 hours/day, 7 days/week
Chemical dependency/mental health referral and information hotline for lesbian, gay, bisexual, and transgender communities.

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
Websites on Drugs of Abuse

The National Institute on Drug Abuse: Club Drugs
http://www.clubdrugs.org/

Crystal Meth Anonymous
http://www.crystalmeth.org

Tweaker.org (gay men and crystal meth)
http://Tweaker.org

Crystal: It's dangerous. Know the risks.
http://www.fenwayhealth.org

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VIOLENCE AND TRAUMA PREVENTION

Literature on Violence Prevention

Domestic Violence


**Hate Crimes**


**Sexual Assault**


**LGBT Violence Prevention Support Organizations and Websites**

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
Family Violence Prevention Fund
http://www.fvpf.org
(415) 252-8900

Fenway Community Health, Violence Recovery Program.
http://www.fenwayhealth.org
(617) 927-6250

Gay Men's Domestic Violence Project
http://www.gmdvp.org
(617) 354-6056

Hatecrime.org
http://www.hatecrime.org

MaleSurvivor
http://www.malesurvivor.org

National Coalition of Anti-Violence Programs, New York, NY
http://www.ncavp.org
(212) 714-1184

National Domestic Violence Hotline
1-800-799-7233 (24 hours)
http://www.ndvh.org

National Gay and Lesbian Task Force
http://thetaskforce.org
(202) 393-5177

The Network/La Red: Ending abuse in lesbian, bisexual women's and transgender communities
http://www.thenetworklared.org
(617) 695-0877

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
LGBT SEXUAL HEALTH AND SEXUALLY TRANSMITTED INFECTIONS

HIV/STI Clinical Prevention Guidelines and Interventions

Centers for Disease Control and Prevention
- Sexually Transmitted Infections, including updated treatment guidelines:
  http://www.cdc.gov/std
- Revised recommendations for HIV testing of adults, adolescents, and pregnant women in health-care settings.
  http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm


http://www.thetaskforce.org/reports_and_research/bisexual_health

Diffusion of Effective Behavioral Interventions (HIV)
http://www.effectiveinterventions.org/

HIV/STI / Sexual Health Organizations and Informational Web Sites

Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
http://www.thebody.com

GayHealth.com
http://www.gayhealth.com

STI information

HIVinsite
http://www.hivinsite.ucsf.edu

LesbianSTD.com
http://www.lesbianstd.com

National and state AIDS hotlines from aidshotline.org (list)

National Minority AIDS Council
http://www.nmac.org
(202) 483-6622

National CDC STD/HIV Hotline
(800) 342-2437

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
http://www.cdc.gov/nchstp/od/nchstp.html

Project Inform
http://www.projectinform.org
Hotline: 800-822-7422

Pfizer Sexual Health Medical School Curriculum Grant GLBT Educational Materials
http://www.pfizersexualhealth.com/index_sexual.html

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Health Promotion and Disease Prevention (The Fenway Guide to LGBT Health, Module 3)
STAGES OF CHANGE / TRANSTHEORETICAL MODEL OF CHANGE

Cancer Prevention Research Center: Transtheoretical Model
http://www.uri.edu/research/cprc/TTM/StagesOfChange.htm


Motivational Interviewing Resources
http://motivationalinterview.org